

SUGGESTED PERSONAL GEAR FOR CAMP

NEEDED:

- Completed Personal Health and Medical Record (i.e. physical exam form) w/ parent & physician signature
- Personal Standing Orders Form, properly completed and signed, for prescription and over the counter medications.
- Medication, if needed (prescription only) w/ current dosage/instruction label and scout's name/troop #
- Inhaler (i.e. asthma) or bee-sting kit, if needed
- Sleeping bag or 3 warm blankets and pillow
- Scout handbook (available in the camp trading post)
- Scout Uniform(s)
- Underwear (3 changes)
- Socks (4 pair)
- Sneakers (enclosed-toe shoes must be worn at all times for safety)
- Hiking boots (enclosed-toe shoes must be worn at all times for safety)
- Casual (work) shirts (2)
- Shorts and T-Shirts
- Pajamas
- Sweater or sweatshirt
- Windbreaker or jacket
- Raincoat or poncho
- Swim trunks
- Towel
- Toilet articles, toothbrush, toothpaste, comb, metal mirror, soap in plastic container, shampoo, and deodorant
- Washcloth and hand towel
- Flashlight & spare batteries (available in the camp Trading Post)
- Extra shoe or boot laces
- Kleenex or handkerchief
- Insect Repellent
- Back pack or pack frame
- Wallet and money for purchase of Trading Post items

RECOMMENDED:

- Items may be needed if working on Camping, Cooking or Wilderness Survival or going on an overnight hike:
- Plastic ground cloth
- Eating utensils (i.e. bowl, cup, fork, knife and spoon)
- Canteen or water bottle
- Compass (available in the camp Trading Post)
- Jackknife (available in the camp Trading Post) and valid Totin'Chip card
- Matches in waterproof case (flint & steel is available in the camp Trading Post)

- Personal first-aid kit

OPTIONAL:

- Fishing pole and tackle
- Prayer book, Bible, Torah, Koran or other reading material
- Musical instrument (if you can play "taps" on a bugle or trumpet please notify the camp office)
- Camera and film
- Swim fins/face mask (for snorkeling)
- Sunglasses and sunscreen
- Plastic bag with hand laundry soap
- Rope: 30' nylon cord
- Watch or alarm clock

Scouts taking Swimming or Lifesaving merit badge, B.S.A. Lifeguard or the Pioneer Program should bring a pair of long pants, belt, socks & shoes, and a button up long-sleeve shirt for clothing inflation.